

RNICU Bonding Hearts for Covenant HealthCare

Please contact Volunteer Services with questions at 583.6040 or volunteering@chs-mi.com.

Thank you for your extraordinary support.

The RNICU Bonding Hearts are offered to parents whose infants are cared for in the RNICU. Parents wear these hearts next to their skin, absorbing their respective scents. Mothers may choose to wear a heart inside a bra and Mothers and Fathers may choose to pin a heart to the inside of a blouse or shirt. A NICU nurse places one clean fabric heart next to baby to absorb baby's scent. Mom and baby exchange their newly scented hearts to provide comfort and continue bonding even during times of separation.

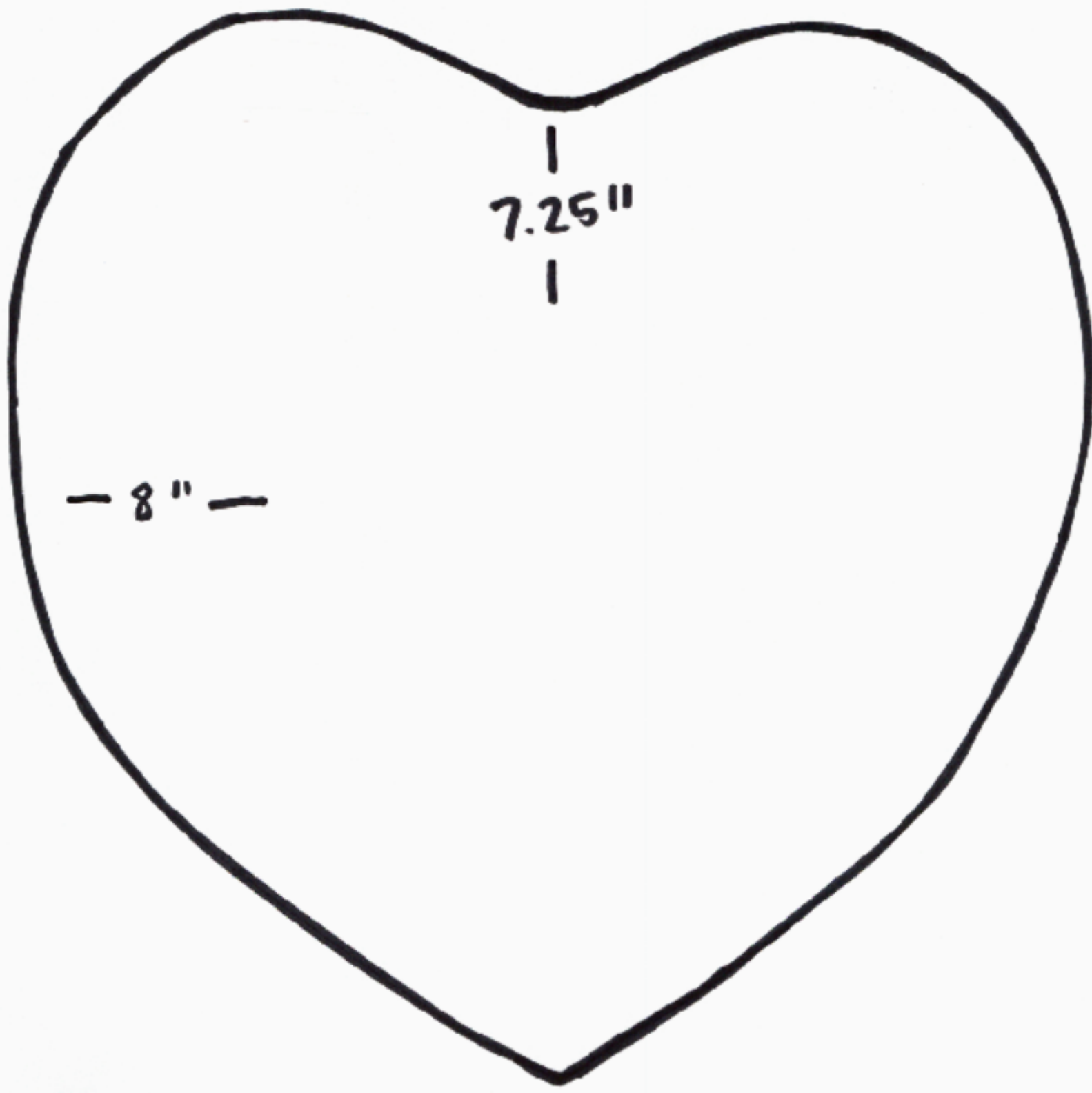
Material: Two layers of fabric (flannel preferred). Patterns may be any type of print or solid colors, with some for girls and some for boys.

Steps: Cut out two pieces of material and pin right sides together leaving a 2" opening. Trim edges and clip around the heart for easing. Turn right side out, hand stitch the opening, iron and top stitch approximately 3/8" from around the outer edge.

Size: Approximately **8 inches across by 7.25 inches high**. **Traceable pattern on page 2.**

Please reach out to Volunteer Services with any questions you may have.





7.25"

— 8" —